

2020

# WELL-BEING PROGRAM

FOR EMPLOYERS



## ARE THERE INCENTIVES AVAILABLE TO MY COMPANY FOR PROMOTING THIS WELL-BEING PROGRAM?

**Yes!** The trust will offer up to a total of \$8.00 per employee per month (PEPM) Wellness Discount for those employers who complete the following:

If **25%** of your employees have participated in the program by July 31, 2020 (that is, they have completed their preventive exam), you will earn a retroactive credit of \$8.00 PEPM off of your 2020 medical premiums for the entire group.

Employers who have met the minimum employee participation in the wellness program during 2020 will receive an upfront discount of \$3.00 PEPM off of their 2021 medical premiums (Applicable employers will be notified by the Trust of their qualification).

## WHAT ARE THE PROGRAM REQUIREMENTS FOR ENROLLED EMPLOYEES?

- 1** Create an account on [regence.com](https://regence.com) and visit Regence Empower
- 2** Complete a Health Assessment
- 3** Complete a preventive exam by July 31st, 2020

## WHO IS ELIGIBLE TO PARTICIPATE?

Employees and spouses/partners who are enrolled in the AGC Health Benefit Trust medical plan are eligible to participate.

## ARE THERE INCENTIVES FOR PARTICIPATING?

**Yes!** Employees and spouses who complete their health assessment **AND** preventive exam will receive a \$25 gift card and a monthly raffle entry to win a \$250 gift card\*.



\*Eligible employees and spouses/partners who complete a Health Assessment and Preventive exam will earn a monthly raffle entry to win a \$250 Amazon gift card. Each month, they will earn an additional raffle entry until they have won or until the Dec. 31, 2020 deadline. Each month, two \$250 gift cards will be raffled to those who have completed all program requirements. Employees and spouses/partners can only win one \$250 gift card per year.



Questions? Email [service@agchealthplansnw.com](mailto:service@agchealthplansnw.com) or call 503.462.4041